

SIGMA DELTA TAU

sisters NIGHT OUT

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A L U M N A E

Can you believe SDT is 104 years old this year?! It's important now, more than ever, to connect with your sisters and celebrate the sisterhood that we all share and love! We invite you to participate in our Sister's night out and consider hosting a fun virtual get together with other Sigma Delta Tau Alumnae and celebrate Founder's Day on March 25th! This guide has everything you need to plan and implement an event. So grab some sisters to get together virtually, choose from one of the virtual activity options below, and share some of your favorite SDT memories!

Be sure to tag [@sigmadeltatauHQ](#) in screenshots of your virtual event and share on social media!

before the event

- Choose which activity you would like to do! We have a list of ideas below.
- Be sure to schedule your event on Zoom or another virtual platform (Google Meet, etc.) with the day and time of your event (make sure the time zone is correct for sisters who may be in other time zones)

PRO TIP For the free Zoom platform, meetings will end after 40 minutes, but you can quickly log back on to the same meeting and have more time with your sisters!

- Create an e-vite if you'd like to send out to your group of sisters and be sure to include the link to your virtual event (can use [Evite](#), [Paperless Post](#), or other websites)
- Text, call, and email your sisters to get the word out about your event.
- If you need assistance with finding contact information for some of your sisters or need anything else, please fill out [this form](#) and we will do our best to help you!

facilitating a virtual event

- Introduce yourselves (name, chapter or year, and where you're from)
- Quick icebreaker (Have everyone answer one question on [burble.buzz](#), what's your best SDT memory)
- Activity
- Wrap up and exchange information if you'd like!

virtual activities

Wine and Cheese Pairing

Interested in discovering new favorites and choose from the wine and cheese pairings in the videos below:

- [How to Pair Wine & Cheese, According to One of America's Top Sommeliers](#)
- [3 Basic Wine & Cheese Pairings from Trader Joe's](#)

Cocktail/mocktail

- Shirley Temple/Dirty Shirley
- [Summer Mocktail Recipes](#)
- [How to Make Mocktails from Burritt Room & Tavern in San Francisco](#)

Game Night (Bingo, SDT Trivia)

- [Virtual Bingo Game](#)
- [Which SDT Founder Are You Most Like?](#)
- Trivia Game using [Kahoot](#) (with free templates) or add in our [SDT Trivia Questions](#)

Wine & Design (all paint the same picture)

Materials Needed:

- Canvas
- Paint
- Wine (if preferred)
- [Materials and how to set up](#)
- [Step by Step Sunset Beach Paint Video](#)

Design a Charcuterie Board

- [Charcuteries & Cheese Board Design](#)
- [How to Make the Ultimate Charcuterie Board](#)
- [Outrageous Chocolate Dessert Board](#)

Self-Care (facemasks, nail painting, make lip scrub)

- DIY Face Mask- [Try these 9 recipes](#) with ingredients you'll have in your fridge!
- DIY Lip Scrub- Try this website for [18 Recipes for Lip Scrub](#)