



# 100 Ways to *Celebrate* Sigma Delta Tau's Centennial

To honor Sigma Delta Tau's 100 years of sisterhood, the Sorority compiled a list of 100 ways to celebrate. They are broken down into groups representing our core values. Whether you are a collegian or alumna, part of a chapter or an alumnae group, or even an individual sister looking to celebrate, this list is made for you.

## *Friendship*

1. Check out Sigma Delta Tau's Centennial Pinterest board (coming soon) for ideas on how to celebrate with your chapter, alumnae group, or friends.
2. Tie café au lait and old blue ribbons around your tree trunks to commemorate SDT's anniversary.
3. Still have your bid day picture? Share it on Twitter or Instagram using the hashtag #SDT100.
4. Collegiate members can send 100 handwritten notes to alumnae of their chapter from whom they haven't heard in a while.
5. Write a letter to your Chapter sharing your sorority experience.
6. Read the Torch cover-to-cover.
7. Put together a group of women to appear on the *Today Show* or *Good Morning America* with signs denoting our 100th anniversary.
8. Send yellow tea roses to a sister.
9. Help out a sister going through a stressful time and surprise her with a special treat.
10. Attend our Centennial Celebration Convention in New York City in June 2017.
11. Pay a fellow sister's annual alumnae dues by calling Sigma Delta Tau Headquarters (don't forget to let her know!).
12. Organize a new member class reunion.
13. Send a handwritten letter to the chapter's advisor from when you were in school. Find her address by contacting the National Headquarters.
14. Send a note of thanks to the Greek advisor on your campus, or the campus in your community.
15. Submit the story of an outstanding sister for inclusion in the Torch! We love hearing about the amazing things our members are doing, from philanthropic projects to professional awards. Email information and high-resolution photos (300 dpi) to [nationaloffice@sigmadeltatau.org](mailto:nationaloffice@sigmadeltatau.org).
16. Find a long-lost sister on Facebook and reconnect.
17. Take a sister you haven't seen in a long time or an SDT new to the area out for coffee.
18. Trace back your SDT family lineage as far as you can go and send each member a note.
19. Get a group of SDTs in your community together and start an alumnae group or book club.



## *Lifelong Commitment*

20. Get connected with an alumnae group in your area.
21. Collegians and alumnae can celebrate Founders Day together!
22. Attend a chapter installation.
23. Participate in an Empowered Alumnae Speaker Series webinar.
24. Find a senior SDT collegian in your area and send her a note at school inviting her to join you at an alumnae group event, or assist her in finding a group where she is moving.
25. Make a donation to the Sigma Delta Tau Foundation.
26. Change your social media profile pictures to the SDT Centennial commemorative logo (available soon).
27. Purchase a commemorative badge or badge frame, visit: [bit.ly/sdtathjgreek](http://bit.ly/sdtathjgreek) to order.
28. Post a positive SDT message on your social media accounts using the hashtag #SDT100.
29. Pay your annual alumna dues at <https://sigmadeltatau.org/stay-connected/sisters-for-life/pay-alumnae-dues/>.
30. Leave your mark by creating a new tradition with your chapter, alumnae group or close sisters.
31. Make an SDT family tree and share on social media using #SDT100.
32. Invite an SDT who doesn't normally attend alumnae group meetings to attend one with you.
33. Host an alumnae group meeting at your house.
34. Purchase from licensed vendors, such as GEICO insurance or 1800Flowers using the SDT Store: [sigmadeltatau.org/shop-sdt/](http://sigmadeltatau.org/shop-sdt/). Some vendors even offer discounts to our members!
35. As a chapter or alumnae group, build a time capsule. Teach SDTs who will be alive in 100 years about what it means to be a member NOW!
36. Reach out to five chapter sisters and ask them to update their contact information with National Headquarters.

## *Philanthropic Service*

37. Donate to the Jewish Women International's Book-by-Book capital campaign in honor of SDT.
  38. Work with Prevent Child Abuse America and plant a pinwheel garden on your lawn in April for Child Abuse Prevention Month. Share your pinwheel garden on social media using #SDT100 and #PinwheelsForPrevention.
  39. Sponsor and support a woman in a developing country through Women for Women International.
  40. Make a memorial gift through the Sigma Delta Tau Foundation.
  41. Pledge to do 100 random acts of kindness before Founders Day 2017.
  42. Educate a friend about Sigma Delta Tau's philanthropic work.
  43. Donate 100 minutes to working with a child in need.
  44. Purchase \$100 in book store gift cards at your alma mater and send them to your chapter to be given as prizes for good scholarship.
  45. Make a recognition gift through the Sigma Delta Tau Foundation.
  46. Add the Sigma Delta Tau Foundation to your estate plans.
  47. Volunteer to serve on your local Prevent Child Abuse America Board or Panhellenic Board.
  48. Purchase a bottle of SDT's signature OPI nail polish color, Girls Achieve Grapeness, from your local chapter or the National Office and support programming to bring awareness to domestic violence.
  49. Volunteer to record books on tape for the visually impaired.
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50. Participate in the nearest Day of Service event.
51. Link the Sigma Delta Tau Foundation to your Amazon account through Amazon Smile. Amazon will donate a portion of your regular shopping to the Sigma Delta Tau Foundation.
52. Participate in other fraternity/sorority community philanthropy events.

## Leadership

53. Over the course of the year, post 100 things your chapter has accomplished based on SDT values and share them on your website, social media, and in newsletters.
54. Invite another Panhellenic collegiate or alumnae chapter to dinner.
55. Donate to a scholarship through the Sigma Delta Tau Foundation directly benefitting collegiate women in need.
56. Over the course of the year, post to your website or on social media 100 things your alumnae group has accomplished.
57. Tag a sister living a Sigma Delta Tau value on social media and share her story with the hashtag #SDT100.
58. Make sure your contact information is up-to-date with the National Office.
59. Have a conversation around the dinner table about your personal values.
60. Reflect on the Sigma Delta Tau core values.
61. Memorize our Founders' names again.
62. Run for a leadership position in your chapter or alumnae organization.
63. Stay up-to-date on SDT news and share stories that interest you with other members and friends: [sigmadeltatau.org/category/sorority-news/](http://sigmadeltatau.org/category/sorority-news/)

## Empowerment

64. Honor a Founder by posting a special message on social media, making a donation, etc.—your choice!
65. Take the Founders Day Quiz. Which Founder are you? [sigmadeltatau.org/meet/our-history/which-sdt-founder-are-you-most-like/](http://sigmadeltatau.org/meet/our-history/which-sdt-founder-are-you-most-like/).
66. Write a poem or blog post commemorating SDT's 100th anniversary and share it using the hashtag #SDT100.
67. Thank your advisors with a handwritten note, phone call, email or e-card.
68. Tour our National Headquarters in Carmel, Indiana.
69. Place a flag or banner in your lawn reading "Sigma Delta Tau is Celebrating 100 Years!"
70. Use SDT's Facebook cover photo (coming soon) commemorating 100 years of sisterhood.
71. Display 100 yellow tea roses at your Founders Day celebration.
72. Start a journal and send it to alumnae asking them to write their favorite SDT memory and then pass it along to another woman on the list. Have it returned to the chapter once it has 100 stories.
73. Show SDT pride by wearing your badge on International Badge Day, March 7, 2016, and telling everyone about SDT's upcoming anniversary. Take a picture and share it using the hashtags #SDT100 and #SDTbadgeday16.
74. Wear your SDT letters and take a group picture. Share it using the hashtag #SDT100.
75. Send yellow tea roses to a chapter near you.
76. Chapters can encourage alumnae to share stories of their time in the chapter. They can collect those stories and share them in blog posts or on social media using the hashtag #SDT100.
77. Plant seven trees in honor of SDT's Founders.

78. Purchase a charm denoting SDT's 100th anniversary from the SDT Store.
79. Attend your town's Panhellenic lunch. If you don't have one, start one!
80. Re-post positive stories about SDTs doing good work on your Facebook page.
81. Add a Torch to your office décor.
82. Contact the National Office and share your SDT experience! We will share many of the stories we receive on the SDT Blog.
83. Paint your nails café au lait and old blue.
84. Take a photo with your legacy (daughter, granddaughter, etc.) and share on social media using the hashtag #SDT100.
85. Plan your trip to our Centennial Celebration in NYC in June 2017.
86. Have each member of the chapter describe "Why SDT" in 100 words or less. Create a book of all submissions for your chapter archives!
87. Name a new pet after an SDT Founder.

## *Personal and Intellectual Growth*

88. Read about what life was like for women 100 years ago.
89. Take a picture in front of your chapter house and compare it to others throughout history. How has the facility changed? What about members' clothes and hairstyles?
90. As a chapter, track the number of leadership development opportunities you attend throughout the year. Try to reach 100!
91. Find an old chapter picture and recreate it. Share it on social media using the hashtag #SDT100.
92. Invite a Sigma Delta Tau Foundation speaker to a meeting or event.
93. Send a collegian from your hometown or a nearby chapter to Sigma Delta Tau's Centennial Celebration or another SDT event.
94. Call, text or send a note to your SDT Big Sister or someone in SDT who has made an impact on your life.
95. Wear your SDT badge when attending professional development meetings or conferences.
96. Send notes to seven women whose leadership skills you admire.
97. Register for a class or workshop to learn a new skill.
98. Commit to 100 days (in a row) of something important to you (working out, positive texts/tweets/posts, clean eating, etc.).
99. Network with sisters through Sigma Delta Tau's LinkedIn page: Sigma Delta Tau Official Network.
100. Submit a story to the Torch celebrating outstanding members, chapter/association achievements or volunteer work in the community.



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